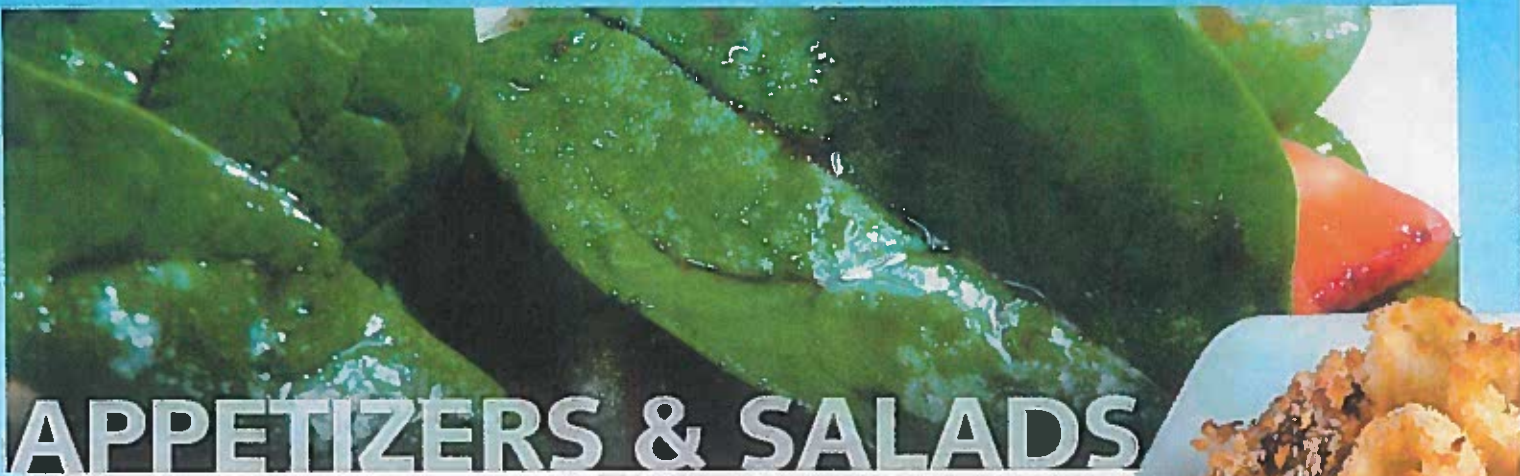


OCEANS

LUNCH MENU



APPETIZERS & SALADS

Appetizers

Crab & Spinach Dip ~ \$10.95 ~ Lump crabmeat with spinach in a creamy cheese sauce. Served piping hot with toasted lavosh crackers.

Ocean's Charcuterie ~ \$13.95 ~ Regional handcrafted meats and cheeses served with beer mustard, pickles and grilled French loaf.

Shrimp and Grits ~ \$9.95 ~ Shrimp sautéed with garlic, bacon, tomatoes, mushrooms and parmesan cheese in a Madeira Cream sauce. Served with fried white cheddar grit cakes.

Thai Chicken Lettuce Wraps ~ \$9.25 ~ Finely chopped chicken sautéed with a blend of fresh oriental vegetables, simmered in a Hoisin ginger glaze. Served with fresh lettuce wraps.

Crispy Fried Calamari ~ \$9.95 ~ Breaded, deep-fried and tossed with parmesan cheese. Served with Ocean's fresh made marinara sauce.

Lumina Hummus ~ \$8.50 ~ Chickpea dip with black olives, tomatoes, and red peppers. Served with pita chips.
🌱 **VEGETARIAN OPTION**

Shrimp Cocktail ~ \$9.95 ~ Served with spicy wasabi cocktail sauce.

Salads

Spinach and Salmon ~ \$9.95 ~ Spinach salad topped with smoked salmon, avocado, blueberries, feta cheese and walnuts with honey chia seed vinaigrette.

Tomato Tower ~ \$9.95 ~ Sliced tomatoes layered with goat cheese and basil on a bed of arugula with caramelized onions, roasted garlic, balsamic glaze and diced pancetta.

Lumina Garden Salad ~ \$8.50 ~ Generous serving of field greens, shredded carrots, sliced red onions, cucumbers, and vine ripe tomatoes with your choice of dressings. 🌱 **VEGETARIAN OPTION**

Atlantic Coast Cobb ~ \$10.25 ~ Seasoned shrimp, smoked turkey breast, bacon, avocado, chopped egg, bleu cheese and tomatoes over mixed field greens.

Kale Salad ~ \$8.50 ~ Fresh Kale with cranberries, mandarin oranges, strawberries, sugar roasted pecans. Served with poppy seed vinaigrette. 🌱 **VEGETARIAN OPTION**

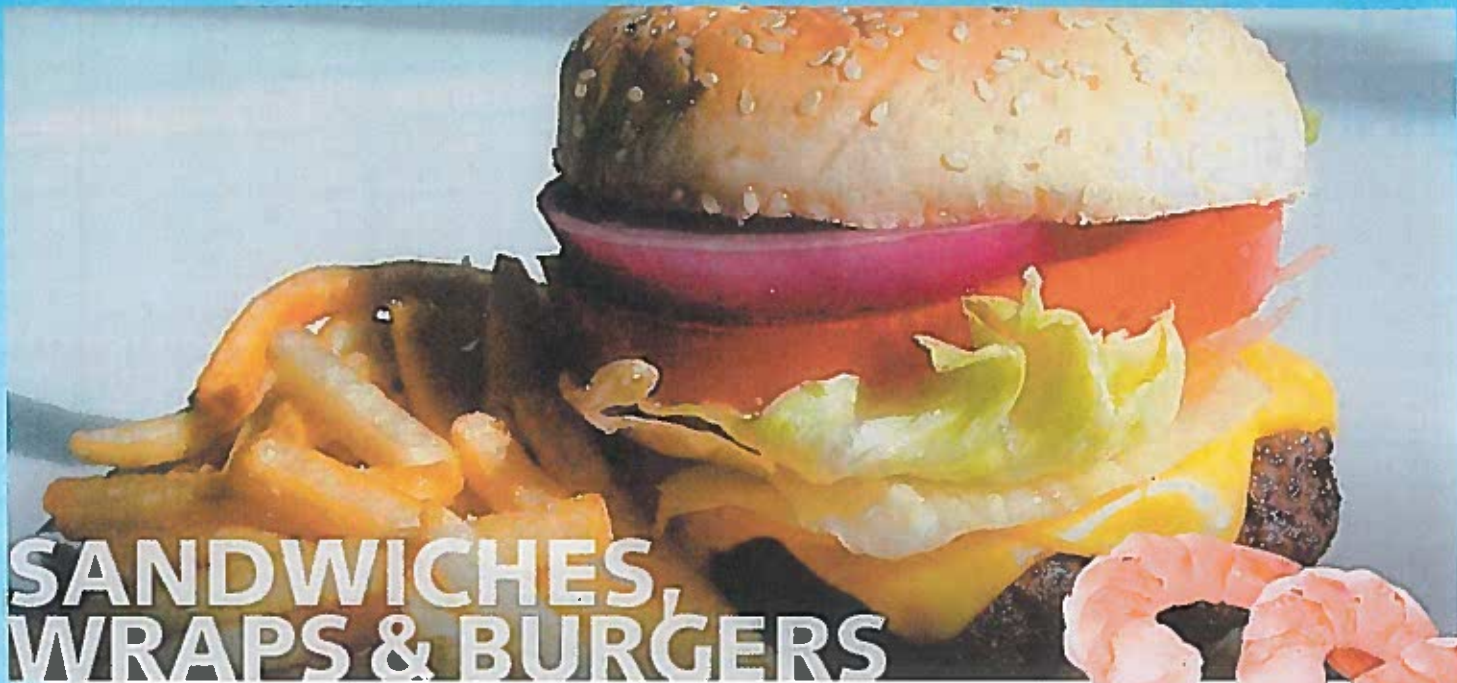
Tropical Salad ~ \$8.95 ~ Mixed greens salad garnished with red grapes, pineapple, pecans, raisins, mango, strawberries, cranberries, feta cheese and mandarin oranges. 🌱 **VEGETARIAN OPTION**

Caesar Salad ~ \$9.50 ~ Made the traditional way with Caesar dressing, crisp romaine, radicchio lettuce, shaved asiago cheese and garlic croutons.

• *Buttermilk Ranch, Bleu Cheese, Lite Italian, Balsamic Vinaigrette, Thousand Island & Honey Mustard* •
Additions to any Salad: Chicken \$5.75, Shrimp or *Salmon \$8.95 ~ Crab Cakes, *Tuna or Mahi-Mahi \$9.50

***NOTICE: These items cooked to order.**

Consuming raw or undercooked MEATS, POULTRY, SEAFOOD, SHELLFISH, or EGGS may increase your RISK of foodborne illness, especially if you have certain medical conditions.



SANDWICHES, WRAPS & BURGERS

*All sandwiches come with crisp French Fries.
(Side Salad, Cup of Soup, Fresh Fruit or Cole Slaw can be substituted for French Fries)*

Flounder ~ \$9.95 ~ Lightly dusted and deep-fried, garnished with lettuce, tomato and onion. Served on a toasted mini French loaf with a side of Cole slaw and tartar sauce.

Fish Tacos ~ \$10.50 ~ Mahi-mahi wrapped in soft flour tortilla shells, garnished with sour cream, slice of avocado, mild salsa, and wedge of fresh lime. Served with Cole slaw. *(Available grilled, blackened or fried)*

Classic Reuben ~ \$11.25 ~ Corned Beef, slow cooked and thinly sliced in house, marinated sweet red cabbage, Swiss cheese, and Thousand Island dressing on toasted rye bread. *(May substitute smoked turkey)*

BLTA ~ \$8.95 ~ Applewood smoked bacon, lettuce, tomato, and avocado with mayonnaise served on a croissant.

Grilled Chicken ~ \$9.95 ~ Grilled breast of chicken, topped with fresh avocado, smoked Gouda cheese, garnished with lettuce, tomato, onion, and basil aioli. Served on whole wheat Kaiser roll.

***Grilled NY Strip ~ \$11.95** ~ Served with Chipotle lime, red quinoa, jasmine rice pilaf and naan bread.

Cuban Sandwich Our Way ~ \$9.95 ~ Hot roast pork, turkey, melted Swiss cheese, mustard, and dill pickles. Served on grilled Cuban bread.

Crab Cake Sandwich ~ \$12.95 ~ Sautéed lump crabmeat, garnished with lettuce, tomato, onion, and topped with spicy Créole mustard. Served on a classic hamburger bun with side of Cole slaw.

Lumina Sun Club Wrap ~ \$9.50 ~ Smoked turkey breast, Virginia cured ham, crisp bacon, Swiss cheese, lettuce, and tomato with a Chipotle mayonnaise. Served in a tomato basil tortilla wrap.

***Classic Lumina Burger ~ \$11.75** ~ Eight ounces of fresh Angus beef, lightly seasoned, char-grilled, and garnished with lettuce, tomato, and onion. Served on a classic hamburger bun.

🌱 VEGETARIAN BURGER OPTION AVAILABLE

***Grilled Tuna ~ \$10.25** ~ with Asian Cole slaw.

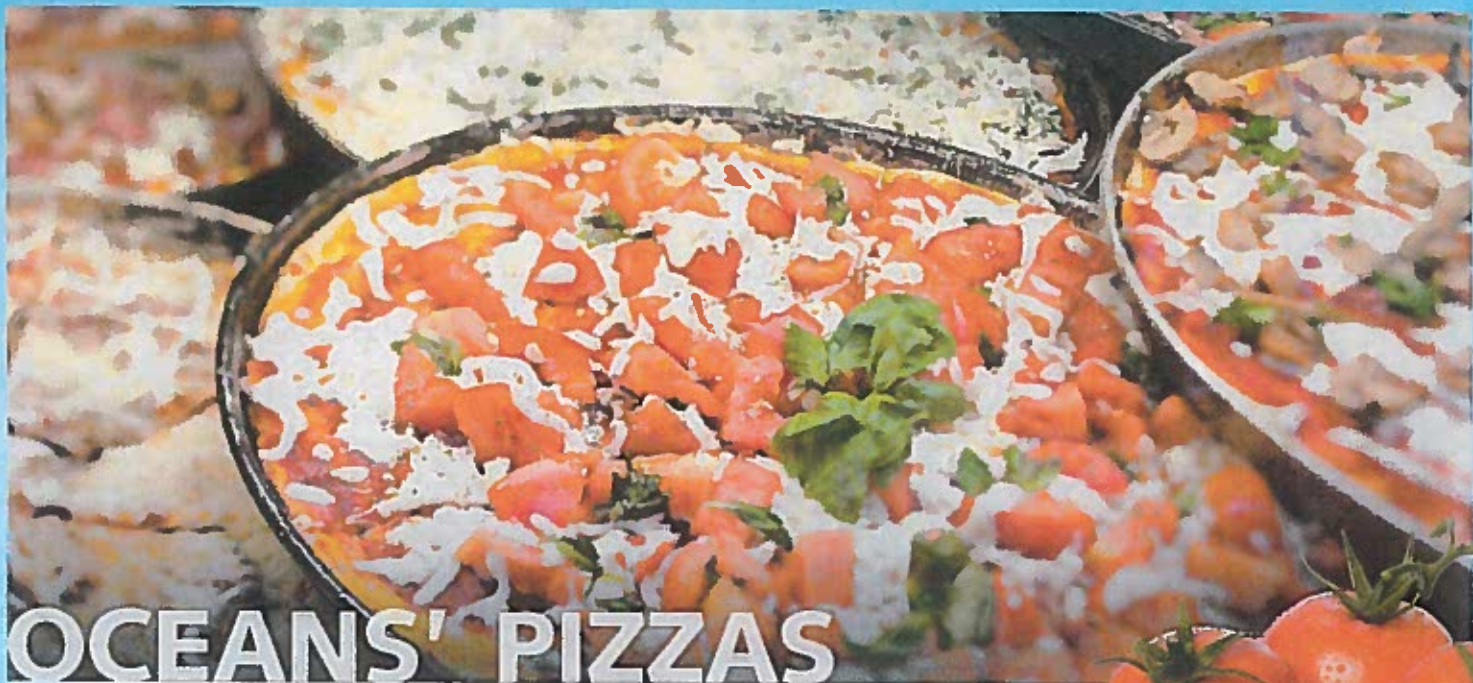
Add any of the following for \$1.00 each:

Sautéed Mushrooms • Jalapenos • Grilled Onions • Avocado • BBQ Sauce • Bacon
Bleu Cheese • American Cheese • Cheddar Cheese • Provolone Cheese • Swiss Cheese

(other sandwiches can also be put in a wrap as well)

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Oceans Cheese

Ocean's fresh made marinara and mozzarella cheese.
~ Small \$9.50 Medium \$11.25 Large \$14.00 ~

Lumina Avenue Classic

Ocean's fresh made marinara sauce, pepperoni and mozzarella cheese.
~ Small \$9.75 Medium \$11.50 Large \$14.25 ~

Italian Classic

Pepperoni, Italian sausage, roma tomatoes, mushrooms, green onions and chopped garlic.
Baked with a blend of cheeses with our fresh made marinara sauce.
~ Small \$10.95 Medium \$12.95 Large \$14.95 ~

Moore's Inlet

Seasoned shrimp & crab, sliced roma tomatoes, mozzarella and fresh basil with Ocean's fresh made marinara.
~ Small \$12.25 Medium \$14.25 Large \$16.00 ~

White Pizza

Blend of boursin, parmesan, pecorino romano and mozzarella cheeses, sautéed spinach, caramelized onion and roasted garlic.
~ Small \$9.75 Medium \$11.50 Large \$14.25 ~

Barbecue Chicken Pizza

Barbecue chicken, red onions, a five cheese blend and a ranch dressing sauce.
~ Small \$9.75 Medium \$11.50 Large \$14.25 ~

Add any of the following ingredients to your pizza for \$1.00 each.

pepperoni • Italian sausage • smoked ham • bacon • bell pepper • mushrooms • onions
jalapenos • black olives • spinach • roma tomatoes • artichoke hearts • banana peppers

Beverages

Coffee, iced tea or soda ~ \$2.75 ~

Milk, hot chocolate, hot tea or juice ~ \$2.75 (no refills) ~

Nice selection of liquors, bottled or draft beers, and wines available from Gabby's bar.

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